

Guide For Psychology Pre-Med Students

The "Ideal" 4 YR Plan

Freshmen

Fall		Spring	
Math 143	3	Chem 111	4
Psyc 101	3	Core 102	3
Core 101	4	Psyc	3
H/S/I. Ele.	3	Stat 251	3
Eng 102	3	H/S/I. Ele.	3
	16		16

Sophomore

Fall		Spring	
Chem 112	5	Phys 111	4
Bio 115	4	Bio 116	4
Psyc 218	4	Psyc	3
H/S/I. Ele.	3	H/S/I. Ele.	3
	16		14

Junior

Fall		Spring	
Phys 112	4	Bio 210	4
Chem 276	4	Chem 372	3
Chem 278	1	Chem 376	2
Psyc	3	Psyc	3
Psyc	3	Psyc	3
	15		15

Senior

Fall		Spring	
Math 160	4	Psyc	3
MMBB 380	4	Psyc	3
Psyc	3	CS	3
Psyc	3	Comm Ele.	3
	14		12

Classes You "Want" To Take

Minimum Prep for MCAT

Chem 111	4
Chem 112	5
Chem 276	4
Chem 278	1
Chem 372	3
Chem 376	2
Phys 111	4
Phys 112	4
Bio 115	4
Bio 116	4

Classes Worth Taking and Sometimes Required by Medical Schools

Bio 210	4
Bio 212	4
Bio 213	4
MMBB 250	5
MMBB 380	4
Math 160	4
Soc 301	3

Remember: You must average 16cr. Per semester to graduate in 4 years. The plan assumes that you will be taking additional elective courses to average the credit load to 16cr.

Take the MCAT 18 mo. before you want to enter med. school. Submit AMCAS application 14-15 mo. before you plan to enroll.

The Extras The Admission Committies Want

Research	at least 3 mo of hypothesis based research
Volunteering	at least 4 mo (average for applicants is to volunteer every semester)
Shadowing Experience	3-5 M.D's and 1 D.O.
Health Care Exposure	at least 3 months of exposure to patients and people who are ill
Letters of Recommendation	some will require 6 (3 academic, 3 supervisors)
Leadership skills	at least 3 experiences or roles as a leader (tutor, coach, president)
GPA (science, non-science, overall)	at least a 3.0 (avg is about 3.5)
MCAT scores	Avg. 10 on ea. Section
Ability to Multitask	Show that you can handle a 70 hour a week work load

For more information see Dr. Ingerman in the Biology Department and download the University of Idaho Pre-med Manual at <http://www.sci.uidaho.edu/biosci/faculty/Pre-Med%20Manual.pdf>