



Liking & Loving

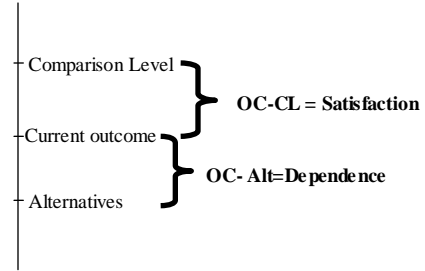
Psychology 320
Social Psychology

Listen to the audio lecture while viewing these slides

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Psyc 320 – Social Psychology

Interdependence Theory



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Psyc 320 – Social Psychology

Interdependence Theory

- Keep alternatives lower than outcomes.
 - Derogate alternatives
- Comparison level → parents and media
- When not dependent, and satisfaction will increase, then immediately proceed to the next better alternative.

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Psyc 320 – Social Psychology

Is it love?

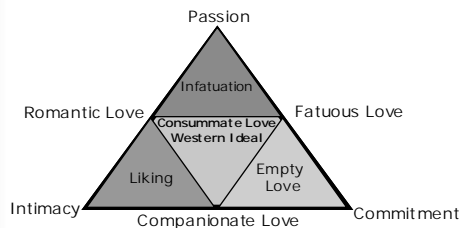
- Symptomology
 - Intrusive thinking
 - Idealization
 - IOS
 - Sacrifice
 - Unstable psycho-physiological responses
 - Longing for emotional union over sexual union
 - Desire for sexual exclusivity
 - Emotional dependence

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Psyc 320 – Social Psychology

Love

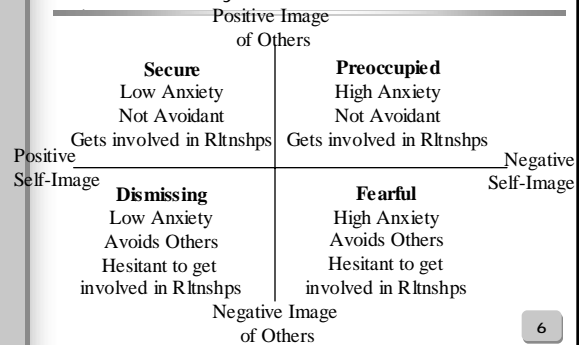
- Sternberg's Triangle Theory



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Psyc 320 – Social Psychology

Attachment Styles



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Destiny vs. Growth Orientation

(Knee, 1998)

- Destiny
 - Avoid conflict.
 - Initiate breakup.
 - Believe it was all a mistake.
- Growth
 - Long term approach, cultivate
 - Coping strategies
 - Talking about problems
 - Not a mistake.

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Exchange vs. Communal

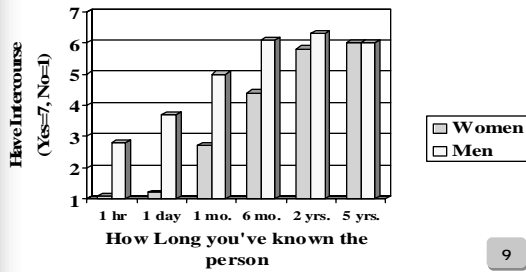
- Relationships develop over time
 - Start exchange
 - Develop into communal
 - Shift back to exchange prior to or at dissolution.

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Sex...but when?

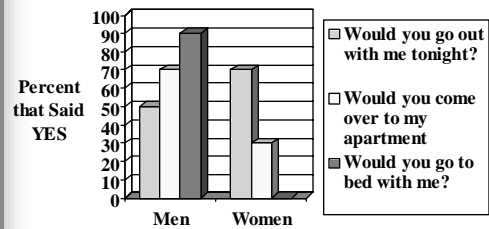
Buss & Schmitt (1993)

If the conditions were right, would you consider having sexual intercourse with someone you viewed as desirable if you had known that person for ...



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Clark & Hatfield (1989)



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Extra-Dyadic Mating

- EMS: 34% of M and 20% of W
- Four types
 - One time thing
 - Emotionally charged 'in love'
 - Marital battle induced
 - Recurrent episodes that are condoned
- 2 & 3 most often lead to divorce...1 & 4 can be dealt with in the marriage.

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Conflict

- 5:1 ; Pos: Neg ←magic ratio
- Relationship Decay (1 to 8 months: not married vs. 3-5 yrs: married)
- Fatal Attractions:
 - 'spunky' → argumentative
 - 'intense interest in me' → possessive, jealous
 - 'offbeat' → too eccentric
- Fundamental Attribution Error
 - I'm in a situation; You are strange

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Conflict

- Principle of least interest
- Communication!! Misinterpretation
- Dealing with Conflict:
 - Compromise to mutual satisfaction
 - Volatile/passionate disputes
 - Agreeing to disagree (avoiding)

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Breaking up

- Her friends are the best predictors of breakup.
- 75%→Dissatisfaction
- 25%→Events
- Breakup resistance→indirect strategies
- Gaining power→rebreaking up

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Long Distance Relationships

- With the promise of marriage
- Frequent visits (once a month)
- More idealization
- Break-ups increase during holidays
- Commuter marriages

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Why get married? What will change?



- Societal reasons: parents approval, religion
- Legal reasons: taxes, benefits
- Changes perceptions of "Freedom to do what you want"

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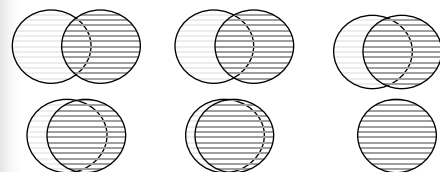
Cohabitation

- Why and what's it like...
 - Trial prior to marriage
 - convenience
 - 70% are monogamous
 - 50% get married
 - More likely to get divorced than those that do not live together first.

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Inclusion of Other in Self

- Pronoun use
- Fundamental attribution error & valuing me and mine interact



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